



## Discussion Guide

*Grow Up*

Pastor Chris Hodges

**Starter** Have you ever noticed how spiritual you feel on Sunday? You're like, "God is good! I'm going to read my Bible, pray, and be patient with everybody." Monday comes, and you're still holding on. Tuesday—you're hanging in there. Isn't it funny that by Wednesday you can go from "Praise the Lord" to "Pray for me" in just 72 hours?

### Sermon Summary

This message explores how to build a faith that doesn't fade after Sunday but stays strong through the challenges of everyday life. Discover simple, practical steps to grow closer to Jesus, become more like Him, and live out your faith with purpose Monday through Saturday.

### ACT

As you absorb sermons, read, or participate in group discussion, take notes and make a plan to apply what God's teaching you.

**A (Action):** Mark important ideas with an "A" to remind you to take action.

**C (Contemplate):** Use a "C" to mark ideas you want to process further.

**T (Transfer/Teach):** If it's something you need to teach to someone else, note it with a "T."

### Read

What do these Scriptures teach you about God's character? (Read some or all verses together.)

[Ephesians 4:11–16](#)

[2 Corinthians 3:18](#)

[Ephesians 1:17](#)

[1 John 1:9](#)

[Matthew 7:21–23](#)

[James 5:16](#)

[Ephesians 2:10](#)

[1 Peter 2:9](#)

[2 Corinthians 12:9](#)

### Discuss

Choose questions to keep the discussion moving. There's no need to discuss every question.

1. What tends to cause your faith to fade or weaken between Sundays and why do you think that happens?
2. In what ways are you currently pursuing a real relationship with Jesus—not just knowing *about* Him but truly knowing Him?
3. What is one area of your life where God may be calling you to grow or change and what first step could you take toward that this week?

4. Who are the people in your life you can be honest with about your struggles, and how might opening up to others bring healing or growth? See the promise in [2 Corinthians 12:9](#).
5. Where do you sense God inviting you to live on mission right now and how can you practically live that out in your everyday life this week?

### **Go Deeper**

1. Study [Luke 10:38–42](#) (Mary sitting at Jesus' feet). Are you prioritizing time with Jesus like Mary, or letting busyness crowd out your relationship with Him?
2. Study [John 15:1–8](#) (abiding in the vine). What does it practically look like for you to “abide” with Jesus daily, not just on Sundays?
3. Study [Matthew 25:14–30](#) (parable of the bags of gold). How are you using what God has given you to live on mission and make an impact beyond Sunday?

### **Apply**

1. Set aside 10–15 minutes each day this week for prayer, Scripture, and worship—prioritizing connection with Jesus before anything else.
2. Identify one area where you want to become more like Christ (attitude, habit, relationship) and invite a trusted friend or small group to help you stay accountable.
3. Look for one practical way each day to reflect Jesus—whether through generosity, serving someone, or sharing encouragement—and treat every interaction as an assignment from God.

### **Pray**

Here are some prayer points:

1. Pray for revelation to truly know Jesus, not just on Sundays but every day, and to build a deeper relationship with Him.
2. Ask God to show you the areas of your life that need to change and pray for the strength and accountability to become more like Jesus.
3. Ask the Holy Spirit to open your eyes to opportunities around you and use your life to serve, love, and impact others for God's purposes throughout the week.

### **Leadership Tip**

Don't just lead discussion. Lead transformation. Help your group identify one simple, practical step they can take between meetings (time with God, confession, or serving others). Then follow up the next time you meet to celebrate growth and build consistency beyond Sunday.