

Built Different

Discussion Guide “4 Steps to Transform Your Thinking” Pastor Daniel Floyd

Starter What’s something you believed as a kid that you later found out was completely wrong, and how did learning the truth change things?

Sermon Summary

Real, lasting life change begins in our minds. Rooted in Romans 12 and 2 Corinthians 10, this sermon teaches us how God’s truth renews our thinking, bringing freedom and shaping the way we live each day.

ACT

As you absorb sermons, read, or participate in group discussion, take notes and make a plan to apply what God’s teaching you.

A (Action): Mark important ideas with an “A” to remind you to take action.

C (Contemplate): Use a “C” to mark ideas you want to process further.

T (Transfer/Teach): If it’s something you need to teach to someone else, note it with a “T.”

Read

What do these Scriptures teach you about God’s character? (Read some or all verses together.)

1 Timothy 4:7–8	Romans 12:1–2	2 Corinthians 10:3–5	Psalms 1:1–3
Hebrews 4:12	2 Timothy 1:7	Jeremiah 29:11	Psalms 23:1
John 8:32	1 Corinthians 2:16	Ephesians 1:3	Ephesians 1:4–5
Ephesians 2:6	Ephesians 2:10	Psalms 139:14	2 Corinthians 5:17
Romans 8:37	Genesis 2:18	Romans 10:9	

Discuss

Choose questions to keep the discussion moving. There’s no need to discuss every question.

1. What are some thought patterns you’ve noticed in your own life that don’t align with God’s truth, and how have they shaped your actions or attitudes?
2. How does renewing your mind with God’s Word practically apply to your daily routine right now?
3. Which Scripture from this sermon stood out to you most, and why do you think it resonated with you?

4. What challenges do you face when trying to replace lies with God's truth, and what helps you stay consistent in that process?
5. How might your relationships, decisions, or sense of purpose change if you fully believed what God says about who you are?

Go Deeper

1. Study Judges 6–7. Think about Gideon's view of himself. How did God speak new identity over him? How does watching Gideon's mindset change highlight how believing God's truth leads to courageous obedience?
2. Study 1 Kings 18–19. After a powerful victory, how did Elijah's thinking shift? How did God gently renew Elijah's mind? Remember, no matter how strong a believer is, he or she still needs renewal.

Apply

1. Encourage people to pay attention to recurring thoughts this week and ask, "Does this align with God's truth?" When a thought doesn't line up with Scripture, replace it with a specific verse from the sermon and speak it aloud as a declaration.
2. Invite everyone to choose one consistent moment each day—morning, commute, or before bed—to read a short passage of Scripture and pray, asking God to reshape their thinking. Over time, this simple rhythm helps train the mind toward truth and freedom.

Pray

Here are some prayer points:

1. Pray for God to transform your thinking, replacing fear, doubt, and lies with His truth and perspective.
2. Ask God for the discipline and awareness to recognize thoughts that aren't from Him and to make them obedient to Christ.
3. Pray that as your mind is renewed, it would lead to actions, choices, and relationships that reflect God's plan, bringing freedom, peace, and fruitfulness in every area of life.

Leadership Tip

Encourage group members to share one recurring thought or "lie" they struggle with and then guide the group in finding a Scripture to replace it. Model vulnerability by sharing your own and emphasize accountability—remind the group that consistently speaking God's truth over our thoughts strengthens spiritual growth.